

For Children



Protect yourself.
Protect others.

Name: _____

Vaccination Date:
D D M M Y Y Y Y

Vaccine Given: **Fluenz** (Live Attenuated Influenza Vaccine)

Batch No: Expiry Date:
D D M M Y Y Y Y

Today your child received Fluenz nasal flu vaccine. Most children have no problem after this vaccine. Some children may get:

- a runny or blocked nose,
- headache or muscle aches,
- a fever (temperature) after the vaccine.



These are usually mild and only last a day or two.

If your child has a fever (temperature) or a headache you can give them paracetamol or ibuprofen.

Do not give your child aspirin or medicines called salicylates, unless they have been prescribed by a doctor. This is especially important in the 4 weeks after getting the vaccine. Serious side effects such as a severe allergic reaction are very rare.

Talk to your GP (doctor) or pharmacist if your child is very unwell after the vaccine, as it may be for some other reason.

Please visit www.hse.ie/flu for more information.